

Poplar E14 Moving Day Checklist

Print this before moving day in Poplar E14. It covers the London Borough of Tower Hamlets permit route, the access quirks of the local stock (balfron and lansbury estate blocks, 1960s maisonettes and new-build infill) and the sign-off steps most people forget.

Four weeks before — book and confirm

- ☐ Confirm the move date, arrival window and both addresses in writing for your Poplar E14 move.
- ☐ Match the van size to the property type — Balfron and Lansbury estate blocks, 1960s maisonettes and new-build infill.
- ☐ Ask London Borough of Tower Hamlets whether your street needs a parking dispensation or a suspended bay, and what notice it wants.
- ☐ Congestion Charge and ULEZ both apply here — check they are inside your written quote, not added later.
- ☐ Tell your landlord or agent the exact handover date and key-return time.
- ☐ Book the end-of-tenancy or pre-move-in clean for the day either side of the move.
- ☐ Start running down freezer food, cleaning products and anything that cannot legally travel in the van.

Two weeks before — permits, lifts and paperwork

- ☐ Apply for the London Borough of Tower Hamlets bay suspension or dispensation — most London councils want 5-10 working days.
- ☐ Book the lift, loading bay or service entrance with the building manager if your block has one.
- ☐ Access reality to plan around: Blackwall Tunnel approach red routes, estate service roads and single-lift tower blocks.
- ☐ Redirect post and update the E14 address on the electoral roll, bank, insurance and driving licence.
- ☐ Give energy, water, broadband and council tax the closing and opening dates for both properties.
- ☐ Register with a new GP, dentist and vet if you are leaving the area; arrange school or nursery transfers.

One week before — pack room by room

- ☐ Label every box with the destination room, not the room it came from.
- ☐ Pack a first-night box: kettle, mugs, chargers, bedding, toilet roll, medication, tools.
- ☐ Photograph the back of the TV and any flat-pack before you dismantle it.
- ☐ Drain the washing machine and fit its transit bolts.
- ☐ Take paint, oils, batteries and garden waste to a London Borough of Tower Hamlets reuse and recycling centre — the crew cannot legally load them.
- ☐ Set aside passports, valuables and jewellery to travel with you, not in the van.

The day before — final prep

- ☐ Charge phones and keep a paper copy of the crew's number and the new address.
- ☐ Defrost the fridge-freezer and towel it dry.
- ☐ Take meter readings at the old property and photograph them.
- ☐ Hold the loading space with cones or bins if kerb space near Chrisp Street Market and Balfron Tower is tight on the day.
- ☐ Strip the beds you are taking and bag bedding and clothes.
- ☐ Reconfirm the arrival window with the crew and the key-collection time with the agent.

Moving day — loading

- ☐ Walk the crew through the property first and flag fragile and do-not-load items.
- ☐ Protect carpets, stair noses, communal halls and door frames before the first box moves.
- ☐ Load heavy furniture first, boxes second, soft furnishings last.
- ☐ Keep the first-night box, paperwork and keys with you rather than in the van.
- ☐ Check lofts, sheds, gardens, balconies and every cupboard before the van pulls away.
- ☐ Final meter readings, lock up, hand back keys and get the handover confirmed in writing.

Moving day — unloading and sign-off

- ☐ Direct each box to its labelled room as it comes off the van.
- ☐ Build the beds first so the day can end even if boxes are still packed.
- ☐ Test the boiler, hot water, smoke alarms and the consumer unit.
- ☐ Take arrival meter readings and photograph them.
- ☐ Check items against your inventory and report any damage before the crew leaves.
- ☐ Flatten boxes and book a recycling collection or a clearance slot.

Poplar local notes (E14)

- ☐ Nearest station for the crew: All Saints (DLR).
- ☐ Access landmark to navigate by: Chrisp Street Market and Balfron Tower.
- ☐ Housing stock: Balfron and Lansbury estate blocks, 1960s maisonettes and new-build infill.
- ☐ Parking and access: Blackwall Tunnel approach red routes, estate service roads and single-lift tower blocks.
- ☐ Council for permits, suspensions and waste: London Borough of Tower Hamlets.
- ☐ Local context: Post-war estates, Chrisp Street market and the Blackwall approach roads.
- ☐ Neighbourhood scale (ONS Census 2021): 30,919 residents in 10,832 households, 88% of homes flats.

Need a crew in Poplar? Get a free fixed quote at
helloservices.co.uk/moving-services/london/tower-hamlets/poplar-e14

Source: ONS Census 2021 via Nomis (TS008, TS041, TS007A, TS044, TS054, TS003), MSAO geography. Figures cover the ONS neighbourhoods Poplar Central, Poplar Leaside, Poplar West (E02000881, E02000883, E02000887) — the published geography that covers Poplar, not the whole borough. Neighbourhood names: House of Commons Library MSAO Names (OGL).